

GENERAL INFORMATION

THE PROGRAM IS INTENDED FOR ALL PROFESSIONALS INTERESTED IN SLEEP DISORDERED BREATHING.

Organization:

Institut de Recerca Biomèdica de Lleida. IRB Lleida
Hospital Univ. Arnau de Vilanova
Hospital de Santa Maria
Universitat de Lleida

Date:

April 25th and 26th, 2008

Location:

Edifici Emblematic. University of Lleida.
Jaume II, núm. 65
25001 Lleida. Catalonia. Spain.

Official languages:

English and Spanish
Simultaneous translation

Official recognition:

Acknowledged to be in the interest of public health by the Department of Public health by the Conselleria de Sanitat de la Generalitat de Catalunya.



Activity endorsed by the Consell Català de la Formació Mèdica
Continuada (pending the number of credits).

Activity recommended by:

Spanish Society of Pneumology and Thoracic Surgery (SEPAR)
Spanish Sleep Society
Activity endorsed by the action COST B-26 (EU Framework Programme)

Technical Secretary

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INTRODUCTION

The XI Hot Topics in sleep

apnea syndrome is focused

on the most current aspects

of sleep disordered

breathing. As in previous

editions, its goal is the

communication of

knowledge in an interactive

manner between speakers

and professionals attending

the meeting. To ensure the

quality of the discussion,

several speakers have been

selected who will deliver

their personal vision on the

different aspects related to

sleep apnea. After each

presentation, there will be

enough time to allow the

participants to take part in

the discussion. All session

will be accessible on line

through the internet and will

be interactive, allowing the

possibility to ask questions

to the speakers from any

place in the world.

SPEAKERS

Teran Joaquin
Hospital General Yague,
Burgos. ES

Series Frederic
Hospital Laval,
Quebec. CAN

Rodenstein Daniel
Universite Catholique de Louvain,
Brussels. BEL

Parra Olga
Hospital Sagrat Cor,
Barcelona. ES

Montserrat Josep María
Hospital Clinic,
Barcelona. CAT. ES

McNicholas Walter
St. Vicent's Univ. Hospital,
Dublin. IR

Masa Juan Fernando
Hospital San Pedro de Alcantara,
Cáceres. ES

Martínez Miguel Angel
Hospital Requena,
Requena. ES

Marín José María
Hospital Miguel Servet,
Zaragoza. ES

Lecea Luis
Stanford University.
Palo Alto. EEUU

Ip Mary
Queen Mary Hospital
Hong Kong. CHI

Grote Ludger
Sahlgrenska University Hospital,
Gothenburg, SUE

García Río Francisco
Hospital La Paz,
Madrid. ES

Duran Joaquín
Hospital Txagorritxu,
Vitoria. ES

Capote Francisco
Hospital Virgen del Rocío,
Sevilla. ES

Campos Francisco
Hospital Nuestra Sra de Valle,
Sevilla. ES

Barceló Antonia
Hospital Son Dureta,
Palma de Mallorca. ES

Barbé Ferran
Hospital Arnau de Vilanova,
Lleida. CAT. ES

ORGANISERS

Director: Dr. Ferran Barbé

Organizing Committee:

Dra. Anunciación Cortijo
Dr. Josep Miquel Duran
Dra. Sílvia Gómez Falguera
Dra. Marina Lumbierres
Dr. Ricart Pifarré
Dra. Montse Pujol
Dr. Joan Ramon Rozadilla
Dr. Manel Cervera
Dr. Brauli Teixidó
Dr. Manel Vilà

Scientific committee:

Dr. David Gozal
Dr. Frederic Series
Dr. Daniel Rodenstein

Honorary Committee

Hble. Sra. Marina Geli, consellera de Salut de la Generalitat de Catalunya
II-Im. Sr. Àngel Ros Domingo, alcalde de Lleida
Excm. I Mgrfc. Sr. Joan Viñas Salas, rector de la Universitat de Lleida
Sr. Francesc José Maria Sánchez, gerent de l'Institut Català de la Salut. Barcelona
Dr. Sebastià Barranco Tomas, director de Serveis Territorials de Salut a Lleida
Dr. Gerard Ferrer Valdés, gerent Territorial de l'Institut Català de la Salut a Lleida
Dr. Armand Arilla Almunia, director gerent de Gestió Serveis Sanitaris.

Collaborators



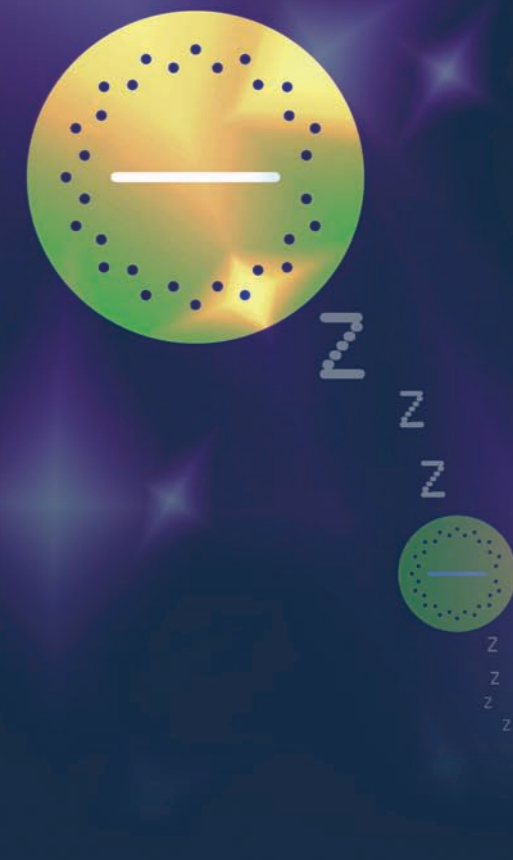
- Astra-Zeneca
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Lleida, April 25th and 26th, 2008

XI
"HOT TOPICS"
IN SLEEP
APNEA



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SCIENTIFIC PROGRAMME:

08'30 - 09'15	Delivery of documentation		
09'15 - 09'45	Official inaugural ceremony		

SESSION I. OSAS AND HYPERTENSION

10'00 - 11'35	Chairman:	F. Capote	(5)
	Speaker:	F. Campos	State of the art (20)
		J. Duran	New insights: CPAP as treatment for hypertension (20)
	Discussion:		(50)

SESSION II. DETERMINANTS OF SLEEPINESS

11'35 - 13'15	Chairman:	JM. Montserrat	(5)
	Speaker:	A. Barceló	Metabolism and sleepiness (25)
		L. Lecea	Optogenetic control of sleep/wake cycle (25)
	Discussion:		(45)

13'15 - 14'45 LUNCH

SESSION III. OSAS AND STROKE

14'45 - 16'15	Chairman:	J. M. Marin	(5)
	Speaker:	M.A. Martínez	State of the art (20)
		O. Parra	New data form the Spanish cohort (20)
	Discussion:		(45)

16'15 - 16'45 COFFEE

SESSION IV. WHEN SHOULD BE TREATED NON-SLEEPY PATIENTS?

16'45 - 18'15	Chairman:	J. Duran	(5)
	Speaker:	F. Series	General overview (25)
		F. Barbé	Spanish cohort of non-sleepy patients (25)
	Discussion:		(50)

MAIN CONFERENCE

18'15 - 18'55	Professor:	Mary Ip	OSA and atherosclerosis - ready for prime time? (40)
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SESSION V. DOWNSTREAM EFFECTS OF OSAS

09'00 - 10'45	Chairman:	F. Garcia-Rio	(5)
	Speaker:	W. McNicholas	Signaling pathways during intermittent hypoxia (20)
		M. Ip	Oxidative stress and systemic inflammation (20)
	Discussion:		(45)

10'45 - 11'15 COFFEE

SESSION VI. COST ACTION LINKED PROJECTS IN SLEEP APNEA

11'15 - 13'00	Chairman:	J.F. Masa	(5)
	Speaker:	J. Teran	Determinants of wheel accidents (25)
		D. Rodenstein	Drive regulations in Europe (25)
Discussion:		(50)	

13'00 - 13'30	Speaker:	L. Grote	A pan-European prospective OSA cohort-ESADA (20)
	Discussion:		(10)

CLOSING REMARKS

13'30 - 13'35	F. Barbé	(5)
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www.airproductsmedical.com**REGISTRATION FORM**

Surname:
 First name:
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 City:
 Post/Zip Code:
 Tel:
 E-mail:

Registration:

Maximum number of people: 150 attendees. Price: 480 €. After March 15th 2008: 580 € (16% VAT not included).

Registration includes: documentation, meetings, coffees, working lunches and certificate of attendance.

Payment:

Bank transfer to account number ALLER 2100 0239 60 0200121983 or banker's cheque made payable to ALLER.